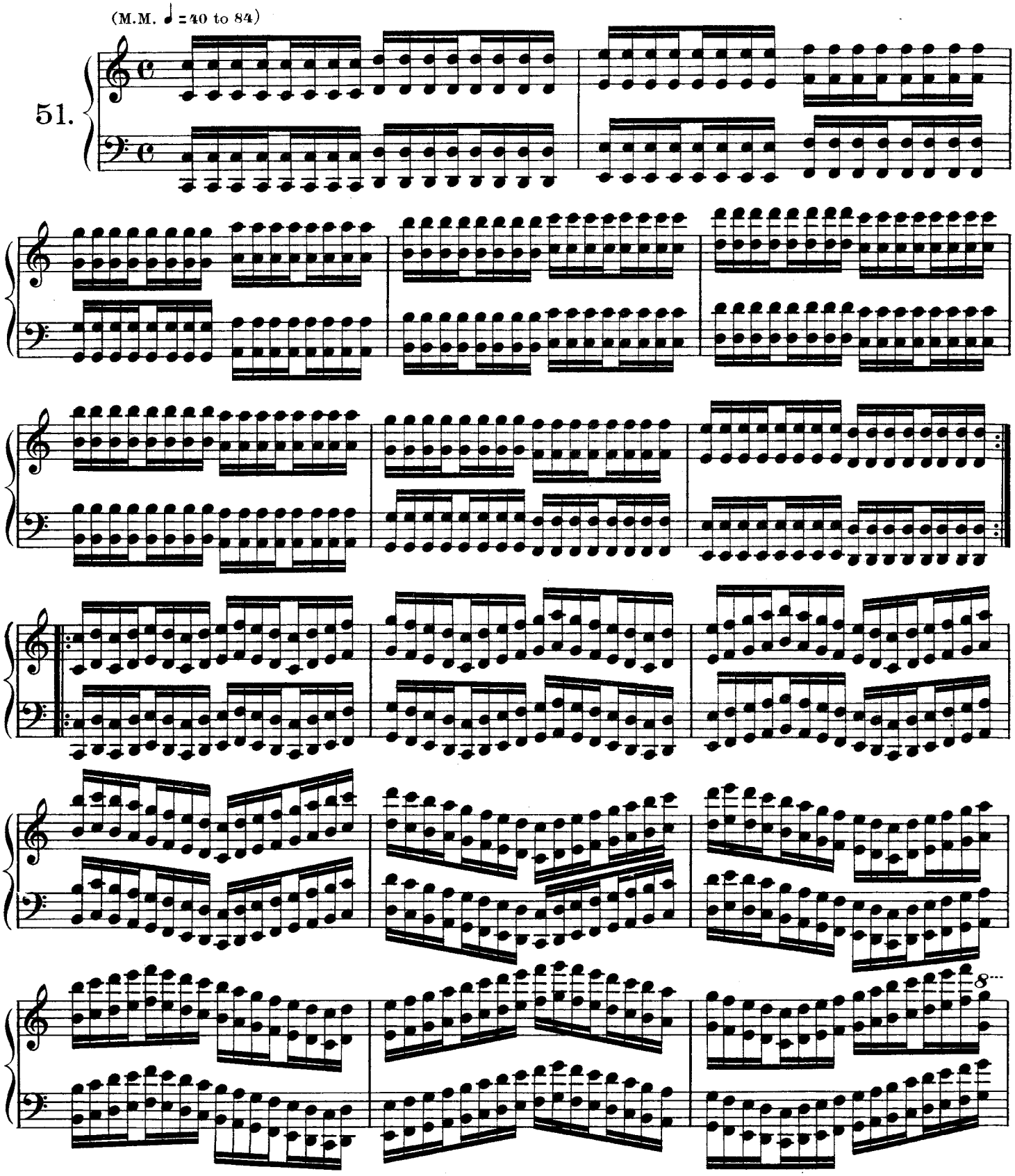
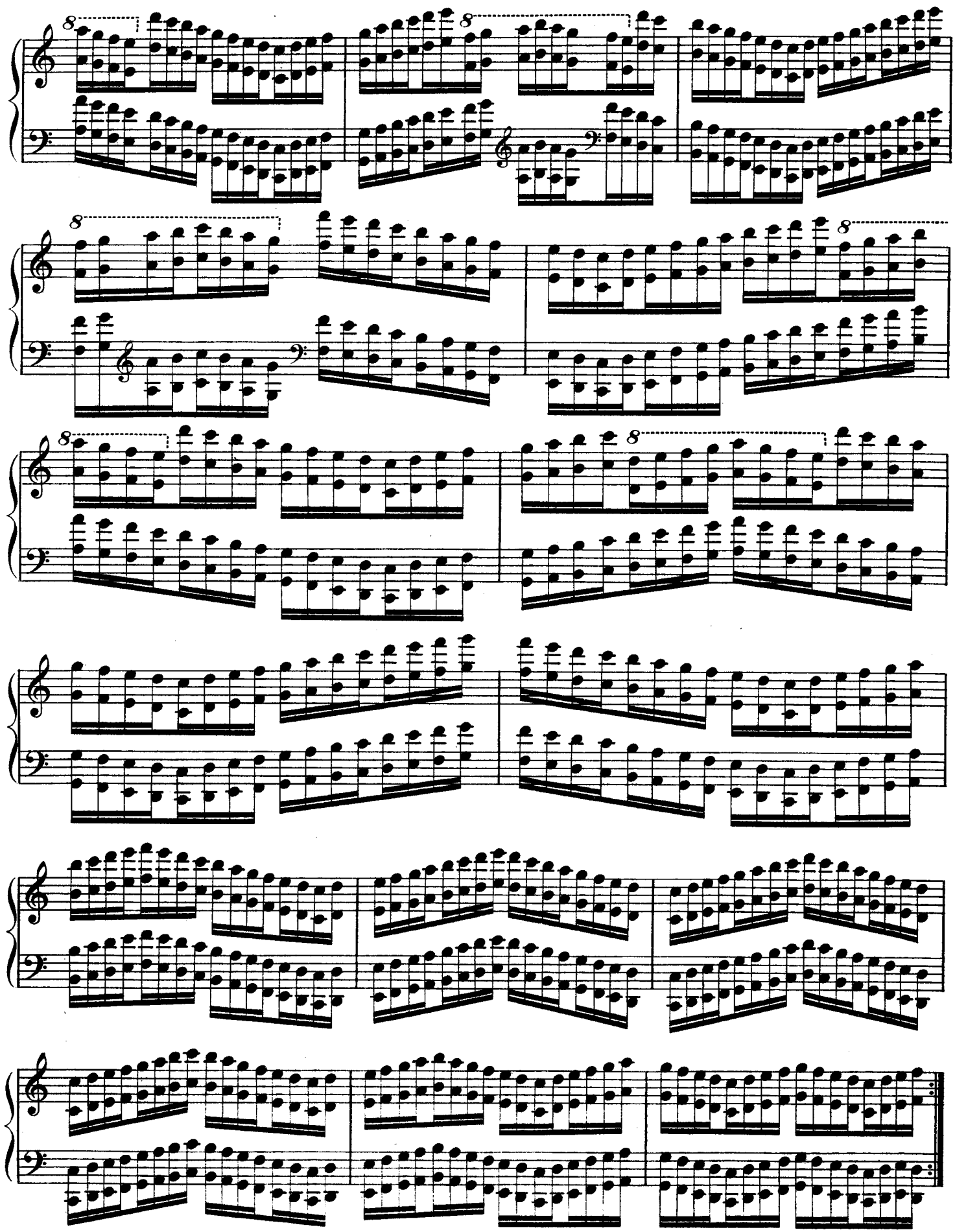
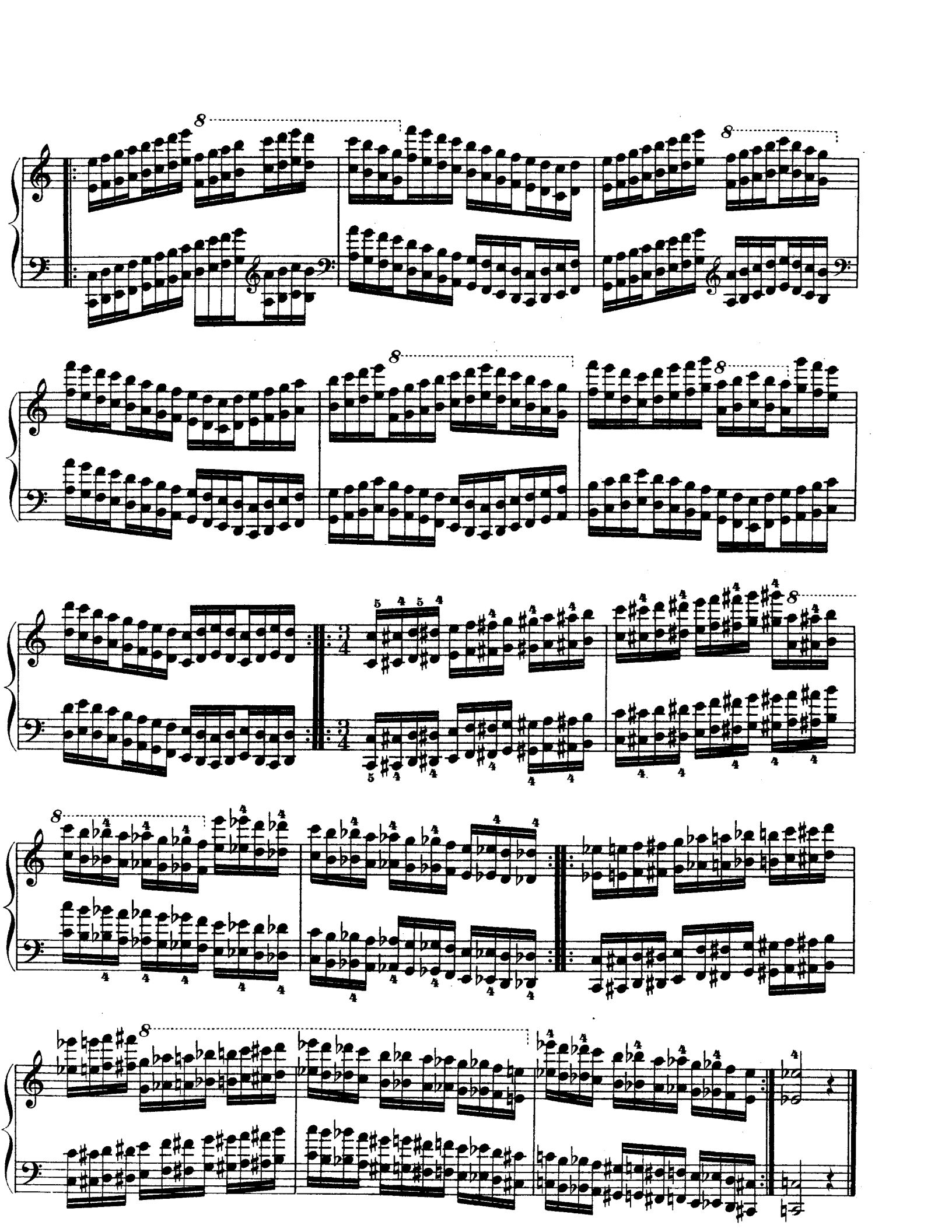
Preparatory Exercise for Scales in Octaves.

The wrists should be very supple, the fingers taking the octaves should be held firmly but without stiffness, and the unoccupied fingers should assume a slightly rounded position.

At first repeat these three first lines slowly until a good wrist-movement is attained, and then accelerate the tempo, continuing the exercise without interruption. If the wrists become fatigued, play more slowly until the feeling of fatigue has disappeared, and then gradually accelerate up to the first tempo. *See remarks to Nº 48.*